



# Help with Hurricane Recovery

**For assistance, please call:  
1-833-442-7272**

## **OUR MISSION:**

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The mission of VDAT is to assist individuals in communities as they recover from the devastating impacts of Hurricane Helene.

Our trained crisis outreach specialists are available to link survivors with resources that assist in recovery and rebuilding while offering emotional and educational support. We meet you where it's most convenient. Whether that is your home, the library, church, or any other location. ***This program is free and anonymous.***

## **WHO PROVIDES CRISIS OUTREACH SERVICES:**

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- A combination of behavioral health professionals and paraprofessionals, who are trained and supervised to deliver an array of crisis outreach services.
- Staff usually live in the affected communities and are sometimes survivors themselves.

## OUR GOALS:

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### *Crisis Outreach strives to:*

- Reach large numbers of people affected by disasters through face-to-face outreach efforts.
- Assess the emotional needs of survivors and make referrals to traditional behavioral health services when necessary.
- Identify tangible needs and link survivors to community resources and disaster relief services.
- Provide emotional support, education, basic crisis counseling, and connection to familial and community support systems.
- Train and educate community partners about disaster reactions, appropriate interventions, and crisis outreach services.
- Develop partnerships with local disaster organizations.
- Work with local stakeholders to promote community resilience and recovery.
- Collect and evaluate data to ensure quality services.
- Leave behind a permanent legacy of improved coping skills, education and resource materials, and enhanced community connections.

**If you or someone you know needs support now,  
Call or Text: 988 or Chat Online at [988lifeline.org](https://988lifeline.org)**

This program is brought to you through the Virginia Disaster Assistance Team (VDAT) & the Crisis Counseling Program (CCP). The CCP is funded through a FEMA/SAMHSA grant.